# STRENGTHENING YOUTH PREVENTION ACROSS ILLINOIS

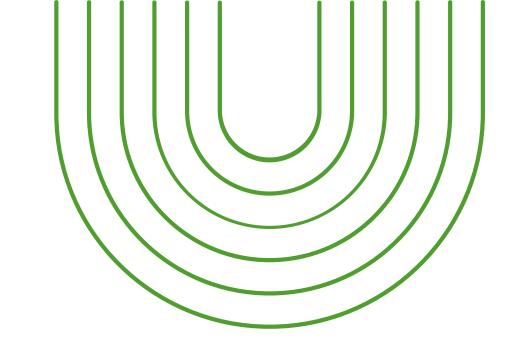
Ashley Webb
Chief Operating Officer & Vice President of Programs
Illinois Association for Behavioral Health



# **ABOUT IABH**



#### NONPROFIT STATEWIDE ASSOCIATION





REPRESENTING COMMUNITY-BASED PROVIDERS, COALITIONS, AND YOUTH PROGRAMS

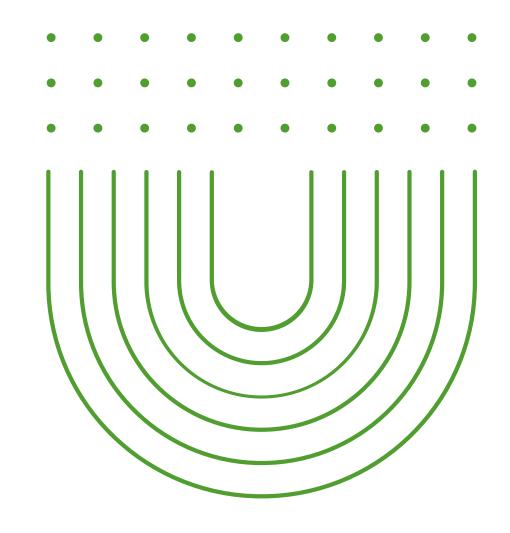


PREVENTION INITIATIVES SPANNING SUBSTANCE USE, GAMBLING, AND LEADERSHIP DEVELOPMENT



#### Cebrin Goodman Teen Institute

CGTI is an award-winning program that offers opportunities for teens around the state to learn about leadership, healthy choices, and working with others to create better communities.





### Operation Snowball, Inc.

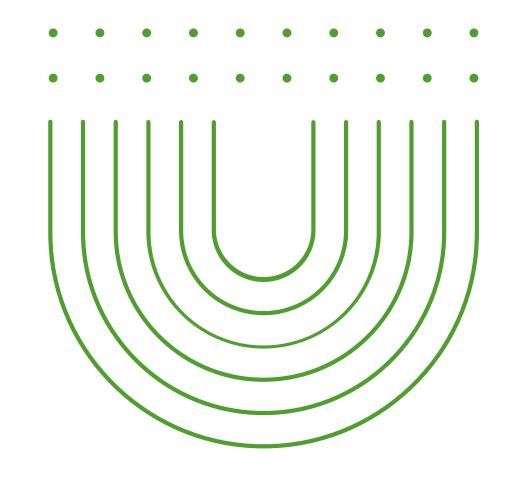
Snowball is an international youth program that empowers student leaders through prevention education, community advocacy, and leadership development to create a positive impact.





### Focus Youth Gambling Prevention

Focus is a statewide youth prevention program that provides students with many programming opportunities to build skills in advocacy, leadership, public speaking, and youth gambling prevention education.





#### **Generation Lead**

Generation Lead is an allencompassing prevention education campaign to bring awareness to youth and communities on substance use and misuse.



# CEBRIN GOODMAN TEEN INSTITUTE

- Two annual youth leadership and prevention conferences
  - January: CGTI's Mid-Year Conference
  - July: CGTI Summer Conference
- Aligns with SAMHSA's Strategic Prevention Framework
- Action Planning model for school and community change
- Teen Ambassadors



# CEBRIN GOODMAN TEEN INSTITUTE

- 6th-12<sup>th</sup> grade students
- Adults working with youth welcome to attend
- 100+ Volunteer Staff
- 30 workshop speakers
- 6 keynote speakers

- Team building & discussion
- Daily action planning
- Service hours available for youth
- CEUs available for adults through ICB and ISBE





# OPERATION SNOWBALL, INC



- 501c3 Nonprofit
- Peer-led prevention model for schools and communities
- Free youth and adult trainings for accredited teams.
- Curriculum, facilitation guide, and resources provided for implementation.
- In-person Showcase for accredited team to hear from speakers.

# OPERATION SNOWBALL, INC

- 80+ Illinois-based accredited teams
  - Teams from Arizona, New York, & California
- International teams from:
  - Ireland, Lithuania
- Regional Meetings
- Board of Directors
  - Including Youth Advocates





## **GENERATION LEAD**



powered by IABH

- Youth-created statewide prevention campaign
- Professional PSA videos and audio ads
- Free posters and talking kits
- Prevent or delay initial substance use
- Reduce, prevent, or delay the misuse of substances
- Minimize stigma associated with substance use disorder, treatment, and recovery
- Reduce harms associated with substance use, misuse, and overdose

## **GENERATION LEAD**

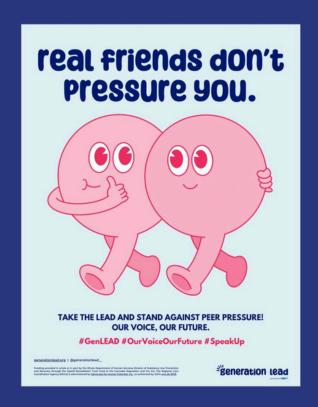
posters!

# free Campaign materials!

Generation Lead—a statewide youth substance use prevention campaign— offers free materials and resources to create a safe, substance-free environment for future generations.

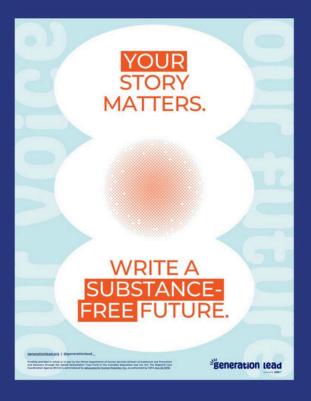






seneration lead















## WHAT WE PROVIDE

1 History and data

2 Accessible statewide

Programs designed with youth

## THINK ABOUT THE SPF!

- ASSESS WHERE, WHEN, WHY
- CAPACITY WHO, HOW MUCH
- PLAN DETAILS! THEME, DECORATIONS, PRICING, HOURS, ETC
- IMPLEMENT DO IT!
- EVALUATE HOW DID IT GO?

HOW WOULD YOU DO THIS WITH YOUTH?

## **OPPORTUNITIES**

#### **JOIN SNOWBALL**

Becoming an OS Team is FREE! This means resources, technical assistance, trainings and more at your service.

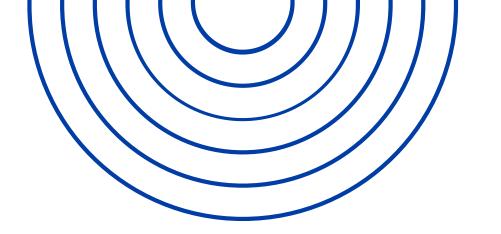
#### **ATTEND CGTI**

Attend the Mid-Year
Conference in January or
plan and budget toattend
our week-long July
Conference!
Applications open in March
2025.

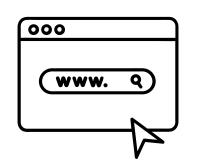
#### **REQUEST MATERIAL**

Visit Generation Lead's website to request awareness campaign material and learn how to engage in the statewide campaign.

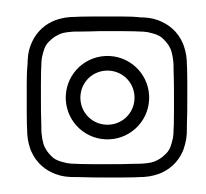
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Ashley Webb ashley@ilabh.org